

**Cowboy Up**  
Jill Johnson

Line Dance  
Left Foot Lead  
Advanced

Time 3:45  
Lelia & Russ Hunsaker  
San Diego, CA  
[www.howtoclog.com](http://www.howtoclog.com)

**INTRO:**

- (16) 16 Count Wait
- A:** (8) 2 [ 1 Heel Gallop Unclog Forward  
(8) 2 [ 1 Split Jog back 1/2 R  
(8) 2 [ 1 Bo Weevil  
(4) 2 [ 2 Canadians  
(4) 2 [ 1 Kicking Vine Slide / Mountain Goat
- B:** (8) 1 Twist Burton Gallop  
(8) 1 Canadian Rhythm  
(8) 1 Machine Gun  
(4) 1 Rockin' Vine DS – DS(xb) – RK – Heel(os) – Slur(tog)  
(4) 1 Vine Rock Slur
- C:** (4) 2 [ 1 Cross Touch & Sway  
(4) 2 [ 1 Utah Rock Slide / Only Wanna 1/2 Left

**REPEAT: A B C**

- D:** (8) 2 [ 1 Rougie Sonic 1/2 Left  
(4) 2 [ 1 Turning Break DS – DS – RS – RS  
(4) 2 [ 1 Double Rock 2
- (8) 2 Kickover Sway / Cotton Eye Joe Kick(xf) – Kick(os) – DS -RS
- (8) 2 [ 1 Splitty Stepback 1/4 Left  
(4) 2 [ 2 Clap Basic 1/4 Left  
(4) 2 [ 1 Get It Burton
- (8) 2 [ 1 Rougie Sonic 1/2 Left  
(4) 2 [ 1 Turning Break  
(4) 2 [ 1 Double Rock 2
- B:** (8) 1 Twist Burton Gallop  
(8) 1 Canadian Rhythm  
(8) 1 Machine Gun  
(4) 1 Rockin' Vine  
(4) 1 Vine Rock Slur
- C\*:** (4) 4 [ 1 Cross Touch & Sway  
(4) 4 [ 1 Utah Rock Slide 1/4 Left
- END:** (8) 2 [ 1 Splitty Stepback 1/4 Left  
(4) 2 [ 2 Clap Basic 1/4 Left  
(4) 2 [ 1 Get It Burton

SEQUENCE: INTRO A,B,C A,B,C D B C\*, END

STEP BREAKDOWNS....Cowboy Up

HEEL GALLOP UNCLOG:

	(f)			(f)												
DS	H	TSN	S	H	TSN	S	SP	S	S	SP	S	S	DS	TOE	S	
L	R	R	L	R	R	L	R	R	L	R	R	L	R	L	R	
&1	&	a	2	&	a	3	&	4	&	5	&	6	&7	&	8	

SPLIT JOG BACK:

	[HT f]				[HT f]											
DT	JP	Pause	TOE	TOE	JP	Pause	TOE	TOE	TOE	DS	DS	TOE	SL			
L	L		R	L	R		L	R	L	R	L	R	R			
&	1	&	2	&	3	&	4	&	5	&6	&7	&	8			

1/4 Right on count 1, back up on the jogs, 1/4 Right on the Toe Slide

BO WEEVIL:

		[P in]	[P out]	[P in]	[P out]								
DS	DS	H	TSN	H	TSN	RK	S	DS	DS	RK	S		
L	R	LR	LR	LR	LR	L	R	L	R	L	R		
&1	&2	&	3	&	4	&	5	&6	&7	&	8		

Pivot on HE to touch toes together, then swing them out and snap down.

CANADIAN:

			(f)
DS	DT	HOP	TCH
L	R	L	R
&1	e&	a	2

KICKING VINE SLIDE/ MOUNTAIN GOAT:

	(f)	(b)	(os)	(f)	(b)	[up]
DS	TOE	TOE	TOE	TOE	TOE	SL
L	R	L	R	L	R	R
&1	&	2	&	3	&	4

TWIST BURTON GALLOP:

	(TW L)	[HT f]	(f @)	(b)	(f @)	(b)	(os)	(xb)	(xb)
DT	BO	JP	S	SK	HOP	BR	S	SK	HOP
L	LR	R	L	R	L	R	R	L	R
&a	1	&	2	e	&	a	3	e	&

(os)	(xb)	(xb)	(os)	(xb)	(xb)	(b)	[UP]
JP	TAP	TOE	JP	TAP	TOE	TOE	SL
R	L	L	R	L	L	R	R
&	a	6	&	a	7	&	8

MACHINE GUN:

	(b)	(xb [BRK])		[HT]	[HT]	[UP]	(f)	(f)
DS	DS	TOE	SL	DS	PAUSE	HOP	HOP	SL
L	R	L	L	R		R	R	R
&1	&2	&	3	&4	&	5	&	6

ROCKIN' VINE:

[KK]	(os)	(xf)	(b)	[KK]	(os)	(xf)
DS	TOE	TOE	TOE	RK	TOE	S
L	R	L	R	L	R	L
&1	&	2	&	3	&	4

STEP BREAKDOWNS...Cowboy Up (cont.)

CROSSTOUCH & SWAY:

	(xf)		(xb)	(os)		
DS	TCH	H	DS	TOE	S	
L	R	L	R	L	R	
&1	&	2	&3	&	4	

UTAH ROCK SLIDE / ONLY WANNA:

	[UP]					
DS	DT	H	RK	S	TOE	SL
L	R	L	R	L	R	R
&1	&	2	&	3	&	4

ROUGIE SONIC:

	(xb)		(f)	(os)						(xf)			(xf)	[UP]	
DS	DS	TOE	S	DR	RK	S	S	DT	S	TCH	S	DT	S	TCH	SL
&1	&2	&	3	&	4	&	5	e&	a	6	&	a7	e	&	8
L	R	L	R	R	L	R	L	R	R	L	L	R	R	L	R

TURNING BREAK:

	[BRKos]	[BRKos]	[BRKos]	[HT]	[UP]	
DS	S	S	JP	SL		
L	R	L	R	R		
&1	&	2	&	3	&	4

SPLITTY STEPBACK:

	[DT]		[HT(f)]		[HT(xf)]			[Lsw(b) 1/4 L]							
DT	S	HOP	JP	S	JP	S	S	PVT	S	RK	S	DS	TOE	S	
L	L	L	R	L	R	L	R	R	L	R	L	R	L	R	
&a	1a	&	2	&	3	&	4	&	5	&	6	&7	&	8	

CLAP BASIC:

	(clap)					
PAUSE	S	HT	S	HT	S	
	L	R	R	L	L	
&	1	e	&	a	2	

GET IT BURTON:

[KK]	(xf)	(b)	(b)	(xf)	(xf)	(b)	(b)	(xf)	(xf)	(f)		(b)	
DR	S	TAP	TOE	HE	S	TAP	TOE	HE	S	SK	HOP	BR	S
R	L	R	R	L	L	R	R	L	L	R	L	R	R
&	1	e	&	a	2	e	&	a	3	e	&	a	4